



Average Grow Season by City

First and last frost dates are recorded by government-run weather stations all over North America, and the calculation is an average over the last fifty-years for each region. These dates vary widely by region, based on geographical features such as bodies of water or mountains. They are intended to offer general guidance for garden planning, but they do not account for exceptional weather year over year. They also don't reflect for our changing climate. It takes many years for significant change in frost dates to be recorded due to this.

Last frost:

The last time frost occurs at the end of winter or spring in an average year.

First frost:

The first time frost occurs in the beginning of autumn in an average year.

MANITOBA

Brandon May 27 - Sept. 10 (106 days)
Winnipeg May 25 - Sept. 22 (120 days)
Portage La Prairie May 22- Sept. 19 (123 days)
The Pas May 31-Sept 15 (107 days)
Thompson June 18- Aug 16 (59 days)

ALBERTA

Grande Prairie May 18 - Sept. 13 (117 days)
Edmonton May 7 - Sept. 23 (138 days)
Red Deer May 25 - Sept. 9 (106 days)
Calgary May 23 - Sept. 15 (114 days)
La Crete May 26- Sept 6 (103 days)

SASKATCHEWAN

Saskatoon May 21 - Sept. 15 (116 days)
Yorkton May 23 - Sept. 11 (110 days)
Regina May 21 - Sept. 10 (111 days)
Moose Jaw May 20 - Sept. 18 (120 days)
Prince Albert June 7 - Sept 4 (89 days)

BRITISH COLUMBIA

Prince Rupert May 3 - Oct. 12 (161 days)
Dawson Creek June 5 - Aug. 31 (89 days)
Prince George May 26 - Sept. 5 (101 days)
Kamloops May 4 - Oct. 8 (156 days)
Vancouver April 21- Oct 19 (181 Days)

ONTARIO

Hamilton/ Toronto May 1 - Oct. 11 (164 days)
Chatham Apr 21 - Oct. 11 (172 days)
Kitchener/ Ottawa May 1 - Oct 1 (154 days)
Barrie May 11 - Oct 1 (143 days)
Thunder Bay June 6 - Sept 9 (95 days)
Dryden/Kenora May 18- Sept 20 (125 days)

MARITIMES

Fredericton May 17 - Sept. 25 (130 days)
Moncton May 22 - Oct. 18 (134 days)
Halifax May 7 - Oct. 18 (163 days)
Charlottetown May 16 - Oct. 17 (153 days)
St. John's May 30 - Oct. 17 (139 days)

NORTHERN CANADA

Whitehorse June 12-Aug 24 (73 days)
Hay River June 11- Sept 8 (89 days)
Yellowknife May 31 Sept 11 (103 days)